

Elizabethi's Doll

By Stephanie Stuve-Bodeen

When her new baby brother arrives, Elizabethi decides she needs a doll that she can care for the way her mother cares for the new baby. After looking around the village, Elizabethi finds the perfect doll to love. She names her Eva. When Mama changes the new baby's diaper, Elizabethi changes Eva's. When Mama sings to the baby, Elizabethi sings to Eva. And one day when Eva turns up lost, Elizabethi realizes just how much she loves her special doll.

Video:

<http://www.youtube.com/watch?v=CcQapygGwZ4>



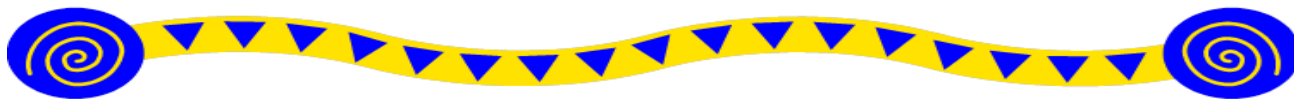
Parent Activity

Reading the Story

Important talking points to cover before reading the book:

- As you introduce the book and title, ask your child to describe their brother or sister (sibling).
- Ask your child to identify how they felt when their sibling was born? Or when their sibling is getting attention from an adult how do they feel? Ask them what is an appropriate way to act?
- Ask your child if they help take care of their younger sibling or if they like helping care for others?
- Ask your child if they know how to better engage with their sibling(s), friends, and family member(s)?...tell them some activities that they can participate in to support their family/ friends or allow them to choose activities to do for the family.
- Ask your children if they have a favorite toy? What is it? Ask your children how they treat their favorite toy? Do they take great care of it? Discuss responsibility and respect.
- Have the children show you how to care for another, how to care for a baby, how to show empathy to a friend. This can be done by modeling appropriate behavior with a toy and then having the children practice this behavior. It is also important to monitor and intervene in their daily activities





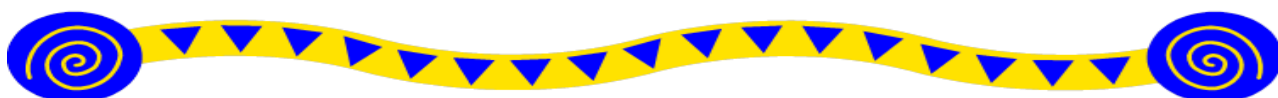
when your children are not getting along with others. Assist them in finding new ways to resolve conflict.

- Give examples of ways to show kindness and empathy for others. Have a discussion with your children about how they show compassion and empathy for their peers, siblings, family, and teacher. Brainstorm ways they can show empathy for others and then have them practice acts of kindness.
- Modeling is the central theme of this book, and it is important for us as parents to remember that what we model for our children every day in our homes is often repeated in their actions. In the story, Elizabeti's mother was a positive model of nurturing and patience, and Elizabeti did the same for her play doll. Parents practice modeling good behavior for your child....we are not perfect but if we try to change our actions to be more kind, patient, and loving our children will learn skills that will assist them throughout their lives.



Story Time: Start your evening routine by reinforcing what was learned in school that day. Read *Elizabeti's Doll* to your child. Use the story time to use the talking points provided above, and to read the book to your children. After completing the talking points and reading the book, allow your children the opportunity to practice being kind to each other, showing empathy, and modeling good behavior. Give your children scenarios (see below) and ask them how they should respond in the situation or what would be an appropriate response in that situation. You can set this up as a game where the cards are in a stack and each family member takes a turn drawing a card, reading it aloud, giving their suggestion, and role playing the scenarios while modeling the appropriate behavior.

Home Activities: Discuss with your children the concept of responsibility and respecting our belongings. Explain that in the book Elizabeti took great care of her doll. Ask them what types of things did Elizabeti do for her doll? Was she kind? Where did she learn to do those things? Ask your child how Elizabeti reacted when she lost her doll? Go on to discuss that in a family we all have to help each other, and we work together as a team to accomplish many tasks (cooking, cleaning, homework, etc.). Sit down with your entire family and have a family meeting. Discuss roles and responsibilities of each family member. Ask your children to identify some home activities/ chores that they can be in charge of during the next month. Explain how their assistance with this chore will help you out and positively impact the family. Your preschooler is not too young to learn the importance of being responsible and the concept of helping others. You can use the chore chart example below to guide your conversation about creating a chore chart. Have each of your children identify a task that they are willing to do for the next month and create a system to reinforce their behavior and prompt them to initiate this activity. Hanging the chore chart in a location that it will be easily seen (like the refrigerator) is always a smart choice...and remember that praising your children for completion of their chores is a must to ensure success! You can tell your child that if they pick one chore to complete they must complete it for the entire month and they will receive positive praise for chore completion.... Go





on to explain if they choose to do more than one chore they will earn a sticker/ star for each time the extra chore is completed, and after they receive 20 consecutive stars they will be rewarded with a mystery prize (the mystery prize can be spending extra time together, playing their favorite game, cooking their favorite meal, etc.- it does not have to cost you money...be creative). This system of rewarding your child's extra work (going above and beyond the expectation) is an important concept- It teaches your child that we all have a place in this family and activities we must do to help the family.... and some chores are just expected because you are member of a family unit and we must work together...going the extra mile gets a reward!

Family Time: After reading the book, discuss how important it is to treat others with kindness and respect. Discuss how important it is to take great care of our belongings. Tell your children how we want to be "bucket fillers." Explain that a bucket filler is someone who encourages others, shows kindness, and helps others to be successful. Explain that it is as if we all have our own individual buckets that are filled by others kind words and actions. We want to be bucket fillers. Have a sand bucket in view as you explain this concept. Explain that every time someone gives another person a compliment, that it fills their bucket a little and helps them to feel good about themselves (as you explain this use the prompt cards below and place them in the bucket). Then tell your children that when we say not nice things to others or don't treat others well we are not filling the buckets of others (you can even remove some of the prompt cards previously placed in to show how saying unkind things can negatively impact our peers feelings and self-esteem). Inform your children that during this month you want to practice increasing appropriate and positive behaviors in the home. Inform them that you will be tracking how well they do with treating others and how well they complete their daily chores. Explain that Elizabeti showed a lot of positive behaviors (kindness, compassion, patience, respect, responsibility, etc.). Have your children identify what she did in the story that would be considered nice, empathic, or appropriate. Then tell your children that you will keep a count of how many times they use their manners, say nice things to others, use materials with the correct purpose, be responsible and clean up after themselves, and treat others with respect. Tell your children for every 10 occurrences of positive behavior you will fill a portion of the bucket picture (see below). After the entire bucket is filled your children will get access to a group reward...allow your children to choose the reward they wish to work towards as a team. Remember this reward can be camping out in the backyard, playing a family game together, having a picnic....you do not have to spend money to make it rewarding!





My sister does not
want to
Play with me on the
playground...



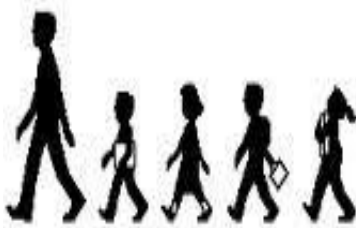
I want to play dolls,
but no one else
wants to play dolls....



My brother stepped on
my foot....



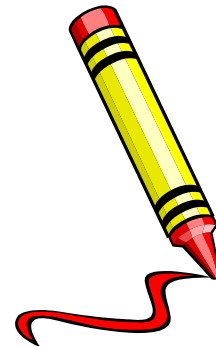
I did not get to go with
Dad today...

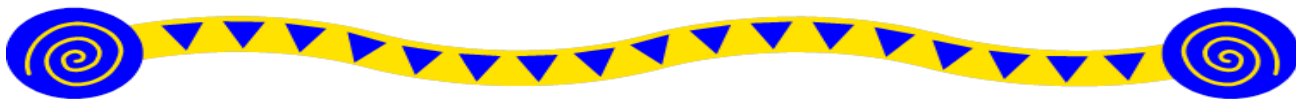


My mom spilled my
juice during dinner
time...



My brother broke my
red crayon...

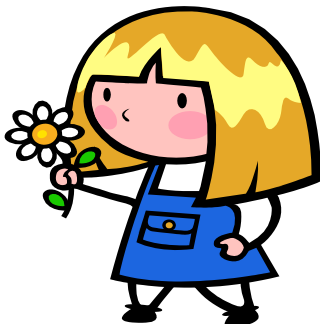




I wanted to play outside, but it started to rain....



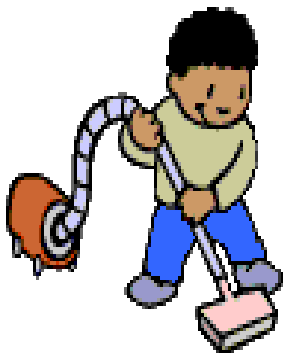
My sister said she did not like my dress...



My mother is reading a book...



I made a mess ...



I want the toy truck, but someone else is playing with it...








I earned an award...

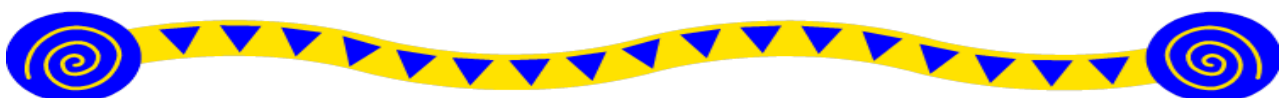


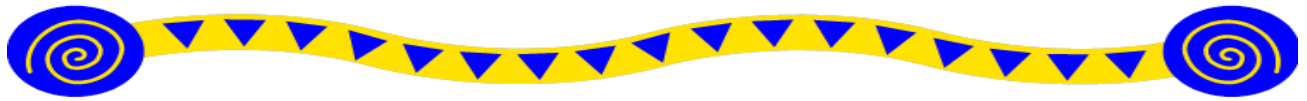


Toddler Chore Chart

	Sun	Mon	Tue	Wed	Thurs	Fri	Sat
 Clean up							
 Feed Pet							
 Trash							
 Dust							
 Put away laundry							

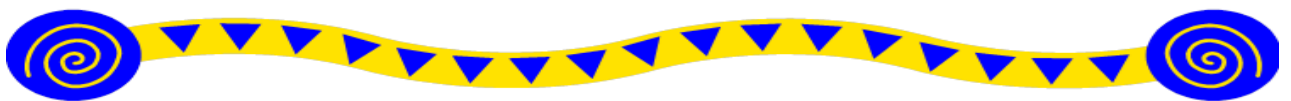
http://kids.lovetoknow.com/wiki/Printable_Chore_Charts_for_Kids

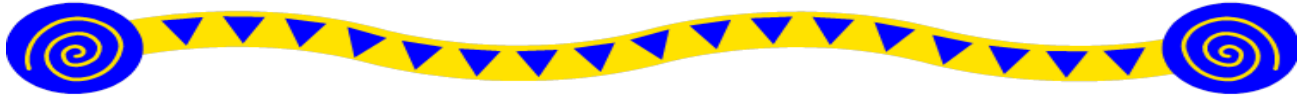




GIVING A COMPLIMENT	ASSISTING A FRIEND
HELPING OTHERS	USING MY MANNERS
FOLOWING THE RULES	LISTENING TO MY TEACHER
SAYING "I AM SORRY"	SHARING
BEING PATIENT	RESPECTING OTHERS
BEING KIND	WORKING HARD
TRYING MY BEST	SAYING KIND WORDS







This Book Curriculum was developed by Dr. Susan Elswick. Dr. Elswick is a Clinical Assistant Professor at the University Of Memphis Department Of Social Work. She received her master's in social work from the University of Tennessee in 2006, and her doctorate in Special Education with a specialty in Applied Behavior Analysis from the University of Memphis in 2011. She is a Licensed School Social Worker in Tennessee, a Licensed Clinical Social Worker, and she runs a small private practice that provides in home social work and behavior analytic programming for families in the surrounding area. Prior to joining the faculty at the University Of Memphis Department Of Social Work she was a school-based social work clinician for 10 years. One of her research interests includes the use of early intervention programming to enhance emotional literacy in order to curb child maladaptive behaviors to improve social and educational outcomes.

