

TIGER WELCOME

BOOKLET



FALL 2025

Monday, Aug.18

8 AM-4:30 PM

Residence Hall Move-in

Shirley C. Raines Centennial Place

3-5 PM

Wellness Center Tour and Equipment Orientation

R. Brad Martin Student Wellness Center

Never been to the Student Wellness Center? Join Us for a Facility Tour & Equipment Orientation! Whether you're just starting your fitness journey or simply new to our facility, this guided tour is the perfect way to get comfortable and confident in the gym. We will have staff to walk you through the layout of the facility and highlight key areas. There will also be staff that can show you how to properly and safely use our machines.

7-10 PM

Memphis Night

Tiger Den

Get ready for a night of excitement, music and connection at the University of Memphis! **Memphis Night** is the ultimate themed musical bingo event, bringing together new students for an unforgettable experience. Held in the Tiger Den, this event is designed to immerse students in the energy and spirit of campus life. The evening features a unique twist on traditional bingo: instead of numbers, you'll mark your cards to the beat of popular and classic tunes. With high-energy hosts, a variety of music genres and plenty of chances to win exciting prizes, there's something for everyone to enjoy. This fun-filled night also highlights the importance of collaboration and community. Memphis Night is proudly presented in partnership with on-campus dining services, ensuring a delicious experience with themed snacks and refreshments available throughout the event.

Whether you're new to the Tiger family or looking to make more connections, Memphis Night is the perfect opportunity to meet fellow students, enjoy great music and create memories that will last a lifetime. Don't miss this incredible kickoff to your campus journey!

Tuesday, Aug. 19

8 AM-4:30 PM

Residence Hall Move-In

Living Learning Complex

7-10 PM

Tiger Cascade Roller Rink with a Twist Maxine A. Smith University Center Ballrooms

Get ready for a night of double the fun and none of the limits with **Roll, Glow and Silent Disco** — a first-of-its-kind fusion of retro roller skating and high-energy silent dancing, at the University of Memphis! **Tiger Cascade with a Twist**, where you can lace up your skates and roll into a neon-lit, music-filled blast from the past. Grab your wireless headphones and choose your soundtrack from multiple music channels, each offering a different vibe. Surrounded by vibrant LED lights and glow-in-the-dark gear, you'll dance like nobody's watching (or listening). With live DJs spinning nostalgic throwbacks and modern hits, plus rental skates available on-site, everyone's invited to join in — no experience needed! Prefer to keep it chill? Lounge off the rink with snacks, vibes and plenty of fun.

What's Included:

- Free skate rentals (while supplies last)
- Wireless headphones for the Silent Disco
- LED lights and glow gear for the perfect party vibe
- Food vendors, lounge areas and hydration stations
- Photo booths to capture your night in full color

Whether you're rolling, dancing, or both, **Tiger Cascade with a Twist** is more than just an event, it's a full-on celebration of Tiger spirit and student life. Come ready to move, connect and make memories! **Free for all UofM students with your Event Pass.** Let's light up the night—together.

Wednesday, Aug. 20

8 AM-4:30 PM **Residence Hall Move-In**

Rawls, Smith and South Hall

5-6 PM **Tiger Welcome Kick-Off**

R. Brad Martin Student Wellness Center Patio

Join the other members of the Class of 2029 as we officially kick-off **Tiger Welcome!** Meet new people, make connections and get ready for RecFest and an amazing first night on campus!

6-10 PM **RecFest, Tiger Wars and Galactic Bridge Battle**

R. Brad Martin Student Wellness Center

RecFest, Tiger Wars and Galactic Bridge Battle is an exciting event designed to help students connect with each other and UofM staff before the first day of class, providing a fun and relaxed atmosphere to ease any back-to-school anxiety. The evening will kick off with the Pool Party and RecFest followed by the Galactic Bridge Battle, where you can engage in a lightsaber training session before taking to the bridge for some friendly competition.

As the sun sets, we'll screen "Star Wars: Revenge of the Sith" under the stars. Enjoy free pizza, popcorn and popsicles during the event while grooving to tunes from our DJ. Plus, the first 200 attendees will receive their very own Tiger Wars lightsaber!

8-10 PM **Late Night Pizza Party**

R. Brad Martin Student Wellness Center

End your day the best way — with pizza, friends and good vibes at our **Late Night Pizza Party!** This event is all about unwinding, connecting and enjoying a delicious slice of campus life. Indulge in an all-you-can-eat pizza buffet featuring a variety of flavors, from classic pepperoni to creative veggie combos. There's something for every palate, including vegan and gluten-free options. Pair your slices with ice-cold sodas and other late-night snacks. The fun doesn't stop with the food. Continue to enjoy the RecFest Dive-In Movie, a casual atmosphere perfect for making new friends or hanging out with your crew. It is the ultimate way to relax and recharge while soaking up the campus energy. Come for the pizza, stay for the memories. We'll save you a slice!

Thursday, Aug. 21

11 AM-1 PM **The Walk: Bridge Your Future and the President's Picnic** **R. Brad Martin Student Wellness Center**

Join all new Tigers in this favorite University Tradition! New students will gather in front of the R. Brad Martin Student Wellness Center and walk across the bridge to symbolize the start of their college journey as current students with faculty and staff welcome them on the other side! The Walk: Bridge Your Future is followed by the President's Picnic on the Luther C. McClellan Alumni Lawn!

1-4 PM **College 101 Rotating Sessions**

Learn about all the ways to be successful at the University of Memphis with these three sessions! There are amazing giveaways at each session, so you will not want to miss these!

- **1-1:45 PM**
 - Group 1: A–J will attend Get Involved
 - Group 2: K–S will attend Campus Safety
 - Group 3: T–Z will attend Academic Success



- **2-2:45 PM**
 - Group 1: A–J will attend Campus Safety
 - Group 2: K–S will attend Academic Success
 - Group 3: T–Z will attend Get Involved
- **3-3:45 PM**
 - Group 1: A–J will attend Academic Success
 - Group 2: K–S will attend Get Involved
 - Group 3: T–Z will attend Campus Safety

Get Involved

Maxine A. Smith University Center Ballroom A

One of the best ways to maximize your time at the University of Memphis is to get involved on campus! Come and learn about all of the amazing opportunities for you through Registered Student Organizations (RSO), Fraternity and Sorority Life, Service Learning and Volunteerism, Multicultural Affairs and so much more. Students who attend will also receive their free UofM Student Planner.

Real Talk: Mental Health, Alcohol and Owning Your College Experience

**Maxine A. Smith University Center
Ballroom B**

College is a big adventure — and it can get overwhelming at times. In this session, we'll talk about how to take care of your mental health and make smart choices around alcohol and other drugs (AOD). We'll keep it real with everyday examples, share tips for handling stress and show you where to go for help if you need it. You'll leave with some solid tools to help you feel good, stay focused and make the most of your college experience.

Academic Success

Maxine A. Smith University Center Ballroom C

At our University, your success is our mission. The Division of Student Academic Success offers a range of supportive services designed to help you thrive — inside and outside the classroom. From academic advising and tutoring to disability resources, peer mentoring and TRIO programs, we're here to assist in your academic journey every step of the way. Whether you're navigating your first year or preparing for graduation, our team is committed to helping you achieve your academic goals and graduate on time. Students who attend will receive a free UofM notepad and pen.

5:30-6:30 PM

Mighty Sound of the South Marching Band Preview Show

Memorial Field

The University of Memphis Marching Band, the Mighty Sound of the South, has proudly represented the UofM since 1940. Come and watch their final rehearsal before the first football game to experience the amazing show!

6:30-8 PM

Frosh Frenzy

Student Activities Plaza

Are you ready to be a Memphis Tiger? If yes, then Frosh Frenzy is for you! Come and enjoy food trucks, meet the Memphis Tiger teams and learn the Tiger Spell Out and Tiger Stroll! Join in the Fountain Run with President Hargrave and so much more!





Friday, Aug.22

8-4:30 PM **Residence Hall Move-in** **Apartment Communities**

NOON-4 PM **Intramural Flag Football Tournament** **Sports Complex – Intramural Field**

2-3:30 PM **Tiger Service Project** **Maxine A. Smith University Center River Room**

Give back and build community in Memphis! Join us in making a difference through a hands-on service opportunity on campus.

5-7 PM **Bookstore VIP Night** **UofM Bookstore**

This is *your* night to shine! Get ready for an exclusive VIP experience: breeze through fast-track textbooks pickup, get real-time answers to all of your Tigers SmartStart questions, unlock special discounts storewide and enter to win incredible giveaways, including a whole semester of FREE Starbucks. Don't miss out on this ultimate experience!

6-10 PM **UC Takeover** **Maxine A. Smith University Center**

Experience the ultimate campus event where there's something for everyone — welcome to UC Takeover! For one unforgettable night, the University Center transforms into a hub of excitement, featuring multiple activities happening all at once, each tailored to different interests and energy levels.

- **For the Chill Crowd:**
Prefer a more relaxed vibe? Head to the lounge areas for cozy board games, trivia challenges or a quiet corner for puzzles and low-key crafting sessions. Perfect for introverts or anyone looking to unwind.
- **For the Party Starters:**
Love the spotlight? Join the karaoke room to belt out your favorite tunes or hit up the dance zone where a live DJ will keep energy high with the hottest tracks.
- **For the Gamers:**
Test your skills in the gaming lounge featuring console games, arcade classics and friendly competitions. Whether you're a casual player or a competitive pro, this space is for you.
- **Plus, More Surprises!**
From photo booths to themed snacks, every corner of the third floor of the UC will be buzzing with fun and opportunities to connect. Whether you're looking to meet new friends, dive into high-energy activities or simply hang out, UC Takeover offers a little something for everyone.

Saturday, Aug. 23

2-4 PM

Frosh Camp Reignite

Centennial Place Lawn

We are bringing the magic of Camp NaCoMe back to campus! Whether you attended Frosh Camp and want to reconnect with your cabin or you were not able to attend and want to experience a bit of camp – Frosh Camp Reignite is for you! Learn some Tiger traditions, compete in the Family Olympics Rematch and connect with the Frosh Camp counselors as we celebrate the start of the new school year out on Centennial Place's lawn.

5-6:30 PM

Sunset Social

Luther C. McClellan Alumni Mall

Join us for Sunset Social — a summer celebration hosted by University of Memphis Dining! Enjoy refreshing mocktails, summer-themed bites, lawn games, music and more as we soak up the evening sun together. Don't miss the vibes, flavors and fun!

7-9 PM

Tiger Talent Show

Michael D. Rose Theatre

Prepare to be amazed, inspired and entertained at the Tiger Variety Show! This showcase celebrates the incredible talents of the University of Memphis community, featuring a lineup of unique and captivating performances. From soulful singers and mesmerizing dancers to comedians, musicians and jaw-dropping acts you won't see anywhere else, this event is all about highlighting the creativity and diversity of our students. Whether you're taking the stage or cheering from the audience, the Tiger Talent Show is a night of unforgettable moments and campus pride.

What to Expect:

- A vibrant mix of performances across genres and styles.
- High-energy hosts to keep the crowd engaged and entertained.
- Audience participation opportunities and a chance to vote for your favorite act.
- Special surprises and prizes for performers and attendees alike!

This is your chance to connect with fellow Tigers, celebrate the arts and create lasting memories. Come support your friends, discover hidden gems and soak up the electric atmosphere of talent and creativity. Admission is free and all are welcome to attend as long as you have your event pass. Don't miss out on the biggest variety show of the semester — get ready to cheer, laugh and be wowed!

Sunday, Aug. 24

10 AM-NOON

Tiger Campus Ministries Pancake Breakfast

**Maxine A. Smith University Center
River Room**

A free pancake breakfast for students with opportunities to connect and find community with our various ministry RSOs. A free pancake breakfast for students with opportunities to connect and find community with our various ministry Registered Student Organizations.

NOON-2 PM

First Year Find: Classroom and Campus Directions

Bronze Tiger Statue

2-4 PM

Campus Recreation Area Spotlight: Pick-Up Basketball

**R. Brad Martin Student
Wellness Center**

New to campus and looking to get in the game? Come shoot some hoops and meet new people with pick-up basketball at the Wellness Center or Sports Complex—no experience or team needed, just show up and play!

5-6:30 PM

Men's Soccer vs. Belmont

Billy J. Murphy Soccer Complex

5:30-7 PM**Residence Hall Floor Meetings****Residence Halls****7-11 PM****Welcome Back Block Party****Billy J. Murphy Soccer Complex**

Kick off the semester in style at the Welcome Back Block Party! Join the entire University of Memphis community for an evening packed with fun, music and Tiger spirit as we celebrate the start of a new academic year.

- Live entertainment: Get ready to groove with live music and DJ sets that'll keep the energy high all evening. Expect a mix of chart-toppers, throwbacks and crowd favorites that everyone can enjoy.
- Food and drinks: Indulge in delicious bites from local food trucks, campus dining specials and themed treats. Whether you're craving classic burgers, sweet desserts, or vegetarian options, we've got you covered!
- Games and activities: Challenge your friends to carnival games, giant Jenga or cornhole. Don't forget to explore interactive booths and win some amazing prizes!
- Photo ops: Snap pics at our creative photo stations to capture memories of this unforgettable night. Don't forget to tag your posts with #uofmtigerwelcome to share the excitement.
- Meet and Connect: Whether you're a new Tiger or returning for another year, the block party is the perfect chance to meet friends, reconnect with peers and immerse yourself in campus life. From giveaways to surprise guests, there's something for everyone at this high-energy kickoff event. Don't miss the Welcome Back Block Party — it's the place to be for fun, food and unforgettable vibes as we start the semester strong.

7:30 PM**Women's Soccer vs. Vanderbilt****Billy J. Murphy Soccer Complex**

Monday, Aug.25

8 AM-2 PM**Ask Me Stations****Various Locations**

Be sure to look for faculty and staff around campus with an "Ask Me" sign if you are lost or cannot find a building you are looking for on your first day of class!

11 AM-3 PM**Welcome Back Photobooth****Maxine A. Smith University Center Atrium**

Capture the excitement of a new semester with the **Welcome Back Photobooth!** Start the school year with style and make memories to last a lifetime.

What's Included:

- A themed backdrop perfect for solo shots, group photos or selfies with friends.
- Fun props like signs, hats and accessories to show off your Tiger pride!
- Instant prints or digital copies to share your photos on social media — don't forget to tag us with #uofmtigerwelcome!

This is the perfect way to commemorate the start of a new chapter, whether you're stepping onto campus for the first time or celebrating another exciting year. Grab your crew or strike a pose solo and make the first day of school truly picture-perfect. No RSVP required — just stop by with your event pass and smile!

12:30 – 1:30 PM**Fun at the Fountain****Student Activity Plaza**

Join President Hardgrave and the SGA President and Vice President for one of the most exciting start of the year traditions at the University of Memphis — Fun at the Fountain!

3-5 PM**Campus Recreation Area Spotlight: Poolside Chill****R. Brad Martin Student Wellness Center**

Shake off that first-day stress and unwind at the Wellness Center's outdoor pool—your perfect spot to relax, recharge and soak up some sun after class!

6-8 PM**NPHC Stroll-Off****Michael D. Rose Theatre**

Get ready for energy, unity and tradition as the National Pan-Hellenic Council (NPHC) brings the heat to Tiger Welcome with the NPHC Stroll-Off — one of the most anticipated events of the semester! Come witness the Divine Nine organizations light up the stage with precision, passion and pride as they compete in an unforgettable night of strolling, stepping and synchronized movement. Each group brings their unique rhythm, style and history to life through powerful performances that showcase excellence and the vibrant culture of NPHC. Whether you're repping your letters, supporting a friend or experiencing the tradition for the first time, this high-energy showcase will have you on your feet and in awe. Expect loud beats, bold moves and Tiger spirit at its best. Join us and celebrate the legacy, unity and power of NPHC at the UofM. This is more than a competition; it's a celebration of culture, community and campus pride! Tickets are

**Tuesday, Aug. 26****8 AM-2 PM****Ask Me Stations****Various Locations**

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11 AM-3 PM**Welcome Back Photobooth****Maxine A. Smith University Center Atrium**

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NOON-3 PM**On Campus Opportunities Expo****Maxine A. Smith University Center Ballrooms**

The On-Campus Opportunities Expo is a campus-wide event that connects students with University of Memphis departments that will be recruiting student workers and graduate assistants. This event offers a valuable opportunity to engage with campus employers, explore and secure on-campus employment and build skills that support academic and career success.

3-6 PM**Fraternity and Sorority Life Meet and Greet****Luther C. McClellan Alumni Lawn**

Join us to learn about the 21 diverse fraternity and sorority organizations that make up our vibrant community. This is your chance to discover which chapter is the best fit for you! We're bringing the fun with a Cowboy and Cowgirl theme — so dust off your boots, throw on your best western gear and get ready for:

- Line dancing
- Mechanical bull rides
- Fun activities
- Free giveaways

Don't miss out on this exciting opportunity to connect, have fun and find your home here at the University of Memphis!

4-7 PM**Campus Recreation Spotlight: Group Fitness Classes****R. Brad Martin****Student Wellness Center**

Scan to
know more

Try something new and energizing—check out our wide variety of group fitness classes! From yoga to HIIT, there's something for everyone. Visit our website for class schedules and details.
memphis.edu/campusrec/fitness/index.php

5:30-7 PM**Start with Pride: LGBTQIA+ Tigers Mixer****Maxine A. Smith University Center****River Room**

Welcome to the UofM where we start with pride! If you are a member of the LGBTQIA+ community and would like to meet others, this event is for you. Food, fun and community for all!

7-10 PM**Tiger Arena****Student Activities Plaza**

Calling all Tigers and sports fans alike! Get ready for nonstop action and massive fun at the All-in-One Sports Arena, an inflatable game extravaganza packed with excitement for everyone. This giant inflatable arena features eight different game options, making it the perfect event for athletes, casual players and anyone looking to unleash their competitive spirit! Step inside to enjoy classic team sports like basketball, football and soccer or challenge your friends to gym favorites like dodgeball, volleyball and First n' Goal. Looking for something extra? Gear up for battle with jousting or twisting your way to victory in a giant game of Twister! With mesh sides for easy viewing and safe play, this inflatable setup is designed for maximum fun and high energy. And for the ultimate glow-up — don't miss our Glow-in-the-Dark Pickleball! Grab a paddle, light up the night and play under blacklights in a thrilling twist on one of the fastest-growing sports in the country. Don't miss your chance to play, compete and cheer at this epic sports-themed event — because when it comes to fun, we're going all in!

Wednesday, Aug. 27

NOON-4 PM**RZ (Relaxation Zone) in the UC****Maxine A. Smith University Center Third Floor**

Kick off the semester with an afternoon of the ultimate self-care. Free stress management merch, relaxation activities and more. Come relax, recharge and reconnect!

1-3 PM**Campus Rec Area Spotlight: Badminton and Volleyball****R. Brad Martin Student****Wellness Center**

Swing by the Sports Complex and have some fun—challenge your friends to a game of badminton or volleyball and keep the good times rolling!

6-8 PM**Multicultural Mixer****Michael D. Rose Theatre Lobby**

The Multicultural Mixer will showcase registered student organizations that are advised through Multicultural Affairs. It's a more intimate look at organizations that will enhance students' opportunities to join organizations that will broaden their knowledge regarding cultural groups. The mixer also includes organizations from the National Panhellenic Council as well as Lambda Theta Alpha Latin Sorority. In addition, several departments will be included but not limited to Educational Support Programs (ESP) and Career Services. Refreshments and music are included.

Thursday, Aug. 28

NOON-2 PM**Campus Rec Area Spotlight: Pickleball****R. Brad Martin Student Wellness Center**

Grab your paddle (or borrow one of ours) and head to the Sports Complex tennis courts for some friendly competition—challenge your friends to a fast-paced game of pickleball and see who comes out on top!

Discover how to make the most of your time at the University of Memphis at the Involvement Fair! This event is your gateway to finding exciting opportunities, meeting new people and becoming an active part of the Tiger community.

What to Expect:

- **Explore organizations:** Meet representatives from student clubs, academic societies, cultural groups and service organizations eager to welcome new members.
- **Find your passion:** Whether you're into sports, arts, advocacy or academics, there's something for everyone. Learn how to join or even start your own group!
- **Engage with campus resources:** Stop by booths for campus services, leadership programs and volunteer opportunities that will enrich your university experience.
- **Prizes and giveaways:** Participate in games, activities and raffles to win fun prizes while learning more about campus life.
- **Music and snacks:** Enjoy a lively atmosphere with great tunes and complimentary refreshments as you browse the fair.

This is your chance to get involved, make connections and start building the experiences that will define your time at the UofM. Don't miss out on this vibrant showcase of all the ways you can connect, lead and grow as a Tiger!

5 PM

Men's Soccer vs. Mercer

Billy J. Murphy Soccer Complex

7:30 PM

Women's Soccer vs. Missouri

Billy J. Murphy Soccer Complex

Friday, Aug. 29

ALL DAY

Tiger Gear Friday

Put on your best Tiger Gear and get ready for a day full of Memphis spirit!

1 PM

Volleyball vs. USC Upstate

Elma Roane Fieldhouse

4:30-5:30 PM

Mighty Sound of the South Final Rehearsal

Memorial Field

The University of Memphis Marching Band, the Mighty Sound of the South, has proudly represented the University of Memphis since 1940. Come and watch their final rehearsal before the first football game to experience the amazing show!

7:30 PM

Volleyball vs. Northwestern State

Elma Roane Fieldhouse



8-10 PM**Paint and Glow Party****Centennial Place Lawn**

Get ready to light up the night at the **Paint and Glow Party** — hosted in collaboration with Fraternity and Sorority Life. This high-energy celebration combines glowing neon paint, black lights and non-stop music to create a one-of-a-kind experience you don't want to miss. Dance to the hottest tracks spun by our live DJ. Splash into the fun with UV-reactive glow paint. Snap unforgettable photos under blacklight. Whether you're coming to dance, vibe with friends or just get covered in neon, this is the ultimate way to make memories and kick off the semester in style. Wear white or neon to really glow and come ready to shine! The first 200 students get exclusive Paint and Glow swag!

Saturday, Aug. 30

8 AM-1 PM**901 Day of Service****Check-In at the Maxine A. Smith University Center**

Help us celebrate Memphis! Join the Civic Engagement Board for a day full of service in the community. Meet peers and local non-profit organizations who make the city great.

1 PM**First Year Tailgate****Tiger Lane at Simmons Bank Liberty Stadium**

Kick off your journey at the University of Memphis with the **First-Year Student Tailgate**, an exclusive celebration designed just for you! Join your fellow Tigers for an evening filled with energy, excitement and all things Memphis pride.

This event is your chance to:

- Connect with other first-year students and start building your Tiger community.
- Enjoy free food, games and giveaways that capture the spirit of Memphis.
- Get pumped up with appearances from Pouncer, the Mighty Sound of the South and our spirited Cheer squad.
- Learn all about campus traditions and how to show your Tiger pride at athletic events and beyond.

Don't miss this opportunity to kick off your first year with fun, friends and plenty of Tiger pride. Let's start the semester off right — together! Bring your Tiger spirit and get ready to make memories that will last a lifetime. See you there!

3:30 PM**Memphis Football vs. Chattanooga****Simmons Bank Liberty Stadium**

Be sure to check out these events as the semester gets underway!

Aug. 25–Sept. 12**Interfraternity Council Recruitment**

The primary way men join our IFC community is through recruitment, which will be held Aug. 25–Sept. 12, this is the process through which a man can join Kappa Alpha Order, Kappa Sigma, Sigma Alpha Epsilon, Sigma Chi, Sigma Phi Epsilon or Zeta Beta Tau. During this time, potential new members will have the chance to meet each of our fraternities, through their events across the three-week period, culminating with IFC Bid Day on Sunday, Sept. 14.

Wednesday, Sept. 3

10:30 AM-1:30 PM

Welcome Carnival

Come to the Ned R. McWherter Library for a Welcome Carnival to learn all about the library's resources! There will be tables to showcase the resources available to students including writing, researching, study spaces, technology, events and more. There will also be food and fun giveaways!

4-7 PM

Sactivity Crew Mass Meeting

Join us for the first Sactivity Crew Mass Meeting of the semester! Meet fellow student leaders, learn about upcoming events and discover how you can get involved in planning the most exciting campus activities. Whether you're a returning member or brand new, this meeting is your launchpad into a semester full of creativity and fun!

Thursday, Sept. 4

11 AM-3 PM

Volunteer Fair

Want to make a positive impact in Memphis? Connect with a variety of local non-profits and campus organizations focused on service and giving back to the community. Join us at the Student Activity Plaza to learn more!

7 PM

Women's Soccer vs. Tennessee

Sept. 9 – 14

Panhellenic Sorority Recruitment

Recruitment is the primary time for women to join the UofM's Panhellenic community during the fall semester. This is a week-long process where you spend time meeting women in all our Panhellenic chapters, narrowing down your options each round. Formal recruitment is a mutual selection process — chapters narrow down the women they wish to invite to join and potential new members narrow down the chapters in the same way. At the end of the week, you celebrate Bid Day all together, where potential new members receive a bid for membership to a sorority.

Wednesday, Sept. 10

6 PM

Disney Yoga Class

Unwind with a magical twist! Join us at the R. Brad Martin Student Wellness Center for Disney Yoga, where classic Disney soundtracks set the tone for a relaxing and whimsical yoga session. This all-levels class is perfect for beginners and fans of all things Disney. Dress comfy, bring a mat and let the magic flow!

Monday, Sept. 15

11 AM-2 PM

Tigers for St. Jude Carnival

Tigers for St. Jude is bringing the Carnival to you right outside of the Maxine A. Smith University Center! Come join in on the fun, grab a classic carnival treat, try to dunk a student leader in the dunk tank and sign up to begin fundraising for the great work that happens right down the road at St. Jude Children's Research Hospital.

7 PM

Movie Monday

Kick back and relax at our first Movie Monday of the year in the Maxine A. Smith University Center Theatre! Enjoy a popular film screening with your fellow students — popcorn and cozy vibes included. Come early to grab a good seat and stay after for optional discussion or just to hang out!

Tuesday, Sept. 16

10 AM-2 PM

Voter Registration Drive

Come to the McWherter Library to register to vote!

Wednesday, Sept. 17

6-8 PM

Hispanic Heritage Month Kick-Off

Hispanic Heritage Month celebrates and educates regarding the contributions of Hispanic Americans to this country. The celebration began with a week-long celebration in 1968 and was expanded to a month-long celebration in 1988. We will kick off the month-long celebration with an opening dinner that will give a look at prominent Hispanic Americans. The dinner will include a speaker and recognition of scholarship recipients by the Hispanic Alumni Association. The dinner will be followed by different activities from Sept.15-Oct.15. All students are invited to attend to learn about the contributions of Hispanic Americans and to meet faculty, staff and students of Hispanic heritage.

Thursday, Sept. 18

7 PM

Are You Smarter than a College Student?

It's trivia time! Test your knowledge and compete in our live game show: "Are You Smarter Than a College Student?" Students, staff and maybe even professors will go head-to-head in this fast-paced, hilarious trivia showdown. Prizes for winners and tons of laughs guaranteed! Location is the Maxine A. Smith University Center Theatre.

Saturday, Sept. 20

Memphis Football vs. Arkansas

Tuesday, Sept. 23

6 PM

Hot Seat: Professor Edition

Ever wanted to ask your professor something totally outside the syllabus? Now's your chance! Join us for "Hot Seat: Professor Edition," where faculty members answer rapid-fire questions from students—serious, silly and everything in between. It's the ultimate Q&A!

Friday, Sept. 26

8 PM

Bonfire

Warm up your weekend with a cozy bonfire night. Roast marshmallows, make s'mores, enjoy acoustic music and relax under the stars with friends. Bring a blanket and your favorite campfire stories. This is a fall tradition you won't want to miss!

Saturday, Sept. 27

8 AM-NOON

Service on Saturday

Join us for the first Service on Saturday of the semester! Pick a service opportunity that interests you, meet the team and enjoy a morning of fun, service and community building.

SEPTEMBER IS SUICIDE PREVENTION MONTH AND WE INVITE YOU TO CHECK OUT THESE EVENTS:

Talk Saves Lives is a suicide prevention program that provides participants with a clear understanding of this leading cause of death, including the most up-to-date research on suicide prevention and what they can do in their communities to save lives. Participants will learn common risk factors and warning signs associated with suicide and how to keep themselves and others safe.

- Friday, Sept.12, from 9-10:30 AM in the Maxine A. Smith University Center Senate Chamber
- Thursday, Sept. 25 from 2:30-4 PM on the second floor of the Ned R. McWherter Library

The “Less Stress Success” series offers a range of presentations designed to help students navigate challenges like stress, social anxiety, time management and emotional well-being. Topics include conflict resolution, mindfulness, healthy relationships and self-care strategies, all aimed at empowering students to achieve a balanced and successful college experience. The series will be held on the second floor of the McWherter Library.

- Wednesday, Sept. 3, 3-4 PM | Less Stress Success Week 1: Conflict and Convo
- Wednesday, Sept. 10, 3-4 PM | Less Stress Success Week 2: Social Anxiety
- Wednesday, Sept. 17, 3-4 PM | Less Stress Success Week 3: Thinking About Thinking
- Wednesday, Sept. 24, 3-4 PM | Less Stress Success Week 4: Revamp Your Thinking

Tiger Campus Ministry Events

Tiger Campus Ministries welcomes all new Tigers and invites you to learn more about faith life on campus with these events:

Baptist Campus Ministries

- Grub on the Green – Sunday, Aug. 24, from 5-8 PM at the BCM House Lawn.
- Lawn Games and Video Games – Tuesday, Aug. 26, at 4 PM at the BCM House.
- FLOW with Baptist Campus ministries – Wednesday, Aug. 27, at 11:30 AM. at the BCM House.
- Lip Sync and Karaoke – Wednesday, August 27 from 6:30 – 8:30 PM at the BCM House.
- Scavenger Hunt and Taco Bar – Thursday, August 28 at 6:30 PM at the BCM House.
- Kickball – Friday, August 29 at 1 PM at the BCM House Lawn.
- Dinner and Just Dance – Friday, Aug. 29, at 6:30 PM at the BCM House.

Campus Outreach

- Flag Football and Volleyball – Monday, Aug. 18, from 5-7 PM at Centennial Place Lawn.
- CP Lawn Cookout – Tuesday, Aug. 19, from 3-4:50 PM at Centennial Place Lawn.
- Game Night – Wednesday, Aug. 27 from 6:30-8:30 PM at the Campus Outreach Lobby.

Chi Alpha Christian Fellowship

- Chi Alpha Paint and Games – Saturday, Aug. 23, from 11 AM-2 PM at Campus Garden.
Paint something fun to decorate your new dorm room! Free painting supplies and canvases under the tent, plus fun games in the grass to connect with other students.
- Chi Alpha Fall Kick-Off – Wednesday, Aug. 27 from 7-8:30 PM in the Psychology Auditorium.
Our first large group meeting of the year with games, snacks, opportunities to connect with other students, Bible study and prayer.
- Chi Alpha Tacos and Tag – Friday, Aug. 29, at 6 PM at the Student Activities Plaza Pavillion.
Free tacos and a fun game of tag around the campus.

Memphis Wesley

- Tuesday Community Night Open House – Tuesday, Aug. 26 from 6-7:30 PM at 3625 Midland Ave.
- Bible Study – Wednesday, Aug. 27, from 5-6:30 PM at 3625 Midland Ave.
- Lunch and Love – Thursday, Aug. 28, from NOON-2 PM at 3625 Midland Ave.

Young Life College

- Late Nite Donuts with Young Life College – Wednesday, Aug. 27 from 9-10 PM at the UC Alumni Lawn.

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