

Life Skills & Lifelong Learning

As a result of attending this event...

- How did this event challenge your ability to adapt to new situations or changes in the campus environment?
- Were there any technological aspects or policy updates discussed during the event that you found particularly relevant or unfamiliar? Describe.
- What steps can you take to further enhance your openness to learning and embracing new technologies and policies?
- Did the event provide valuable educational opportunities that align with your personal and academic goals? Describe.
- Were there any specific skills or knowledge areas highlighted during the event that you would like to develop further through additional training or workshops? Describe.
- How can you incorporate the insights from this event into your long-term growth and development plan?
- Did you have the opportunity to connect with new individuals during the event? How did you approach initiating and maintaining these relationships?
- Were there any networking opportunities that you utilized to expand your circle of contacts? Describe.
- How can you leverage the relationships formed during this event to support your academic or career aspirations?
- Did you take on any leadership roles or responsibilities during the event? How did you handle them? Describe.
- What specific leadership skills or areas of confidence did you identify during the event that you would like to further develop?
- How did you demonstrate respect for yourself and others during the event, both in your words and actions? Describe.
- How can you continue to promote a culture of respect in future events and interactions on campus? Describe.
- How did the event emphasize the importance of community and workplace involvement and contribution?
- What steps can you take to translate the lessons learned from the event into meaningful actions that benefit the larger community or workplace? Describe.