

I've had ups and downs but I have come to the realization that if I hadn't gone through all the struggles I've been through, I wouldn't be the person I am today. I wouldn't be the strong woman I am today. I wouldn't be able to advocate; I wouldn't be able to know so much that I know now.



My boys are my blessings!



My oldest son was diagnosed with autism this year. It's been hard for me to keep up with my health and balance with his. I wish I could do so much more for him.

This is the new me!

After all the days I might have outside, I still have beauty that shines through. I have overcome a lot of obstacles. I am a more confident woman. I feel less stress. I have a new vision on life.



I am blessed to have to take one pill!

