

## Inside TigerLIFE

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### TigerLIFE Snapshots



TigerLIFE students make their first attempt at a classroom reorganization task that serves the practical purpose of arranging the classroom for specific instructional activities. Embedded in the activity were objectives ranging from problem-solving to accepting and giving praise and criticism.

In just three attempts, students were able to reduce their time to complete the task by 80%, reinforcing the key lesson of the day: we get better at what we practice doing. (Mr. Hayman's Workforce Learning/Employability class).



Following the lesson on the basics of organization, Tiger life students tackle their backpacks. Armed with markers, folders, and binder clips, students transform messy to organized, and then proudly display their work.

To the right, TigerLIFE students participate in university and student activities in the University Center. Here a TigerLIFE student uses communication board assistance to meet and greet during an inclusion activity at the University Center.



### The Community



The new Community Exploration class had an exciting month with labs conducted at the Peabody Hotel, Kooky Canuck restaurant and the Memphis Bass Pro Shop. A tour of the Peabody Hotel included conversations with Jimmy Ogle who provided a brief history of Memphis including the Yellow Fever epidemic, Robert Church, Beale Street, and tourism. Next the students met the owner of Peabody International and served as Honorary Duck Masters.

Students enjoyed a lunch at Kooky Canuck where they talked with servers and were permitted to get a feel for what a server does by handling trays and serving sodas. The restaurant owner sat with the students and talked about restaurant work.



The Bass Pro Shop was a favorite lab as students received a tour during which they were exposed to a range of jobs. They talked with concierge services, housekeeping, security, greeters and floor attendants. Their visit wrapped up a talk with senior management to learn what they expect from their employees.

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Students have been learning how to cook meals in the Healthy Living Lab at Church Wellness. Examples of what they have been cooking (and eating!) include cornbread chicken nuggets, fruit salad, chicken Caesar salad wrap. Lessons in food safety have addressed avoiding food contamination, keeping meat refrigerated and cooking meat to a safe temperature.

In the Wellness Center gym, students have discussed the importance and benefits of exercise and experienced a variety of exercises that include stretching, cardio machines and weight machines.