

# University of Memphis Dietetic Internship and Residency Nutrition Care Process Intern Self-Evaluation Form

Facility \_\_\_\_\_ Rotation Dates \_\_\_\_\_ to \_\_\_\_\_

My name \_\_\_\_\_

Abilities	N A	Consistently performs activity  >95% of time	Almost Always performs activity  85-94 % of time	Usually performs activity  75-84 % of time	Sometimes performs activity  50-74% of time	Rarely Performs activity  <49% of time
Demonstrates understanding of the nutrition care process.						
Demonstrates effective interview skills and interpersonal behaviors.						
Anthropometric measures obtained and evaluated.						
Labs reviewed and pertinent findings evaluated.						
Clinical findings reviewed and evaluated.						
Evaluation of nutritional needs, adequacy of intake and appropriate-ness of diet/intake/feeding modality. Verifies/recognizes need for nutrition support.						
Establishes goals and objectives for nutrition care with client/caregiver.						
Synthesis of components of assessment.						
Nutrition Care Plan						
<ul style="list-style-type: none"> <li>• Implements/meets and individualizes identified nutritional/educational needs. Makes appropriate recommendations or referrals.</li> </ul>						
<ul style="list-style-type: none"> <li>• Uses effective instructional techniques and motivates/promotes adherence to identified goals.</li> </ul>						
<ul style="list-style-type: none"> <li>• Involves caregivers/team members in NCP.</li> </ul>						
Evaluates effectiveness of NCP and reevaluates and reassesses as needed.						
Familiar with and follows facility's documentation guidelines/style.						