

STUDY ABROAD

THE UNIVERSITY OF MEMPHIS



Traditional Chinese Health: The Shanghai Experience (June 12-23, 2012)

Earn 3 credit hours for
HMSE 4999 or NUTR 6902

Program Cost: 1,250
Price is subject to change

Program fees include:

- Application Fee
- Inland transportation
- Accommodations
- Some meals
- Student ID card

Program fee does not include:

- Tuition for 3 credit hours
- Airfare
- Medical insurance
- Visa fees
- Personal expenses

Application Deadline:

March 1, 2012

Application should be submitted with non-refundable deposit of \$350

Contact:

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Dr. Yuhua Li will lead students to Shanghai, China on a 2-week study tour for an encounter with authentic Chinese culture and customs for healthy living. Students will experience the balanced life energy according to traditional Chinese medicine as they engage in exercise for health promotion, learn about the healing properties of food and visit tranquil gardens and teahouses. Students will come into contact with the 3,000 year old Chinese healing arts that focus on achieving harmony through movement, diet and meditation. Cultural visits to sites such as the Jade Buddha Temple, Zhou-Zhuang Water Village, Hangzhou Gardens, Shanghai University of Sport and many more!

